



CORPORATE QI

We will be offering Corporate Private Classes & Treatments Off Site from Valley Spirit Cooperative & Wellness Center. See offerings and pricing below. If you have any questions, please do not hesitate to contact us @ **860.619.2788**.

CLASS	TIME	GUESTS	COST	ADD-ON GUESTS	EXTRA FEE
Yoga	60	1-5	\$185	\$8	Mat fee, \$2 per
Yoga	90	1-5	\$225	\$8	Mat fee, \$2 per
Tai Chi/Qi Gong	60	1-5	\$185	\$8	No
Tai Chi/Qi Gong	90	1-5	\$225	\$8	No
Meditation	60	1-5	\$185	\$8	Bolster fee, \$3 per
Meditation	90	1-5	\$225	\$8	Bolster fee, \$3 per
Mat Pilates	60	1-5	\$185	\$8	Mat fee, \$2 per
Mat Pilates	90	1-5	\$225	\$8	Mat fee, \$2 per

Charge for Driving for all services | Beyond 20 minutes- \$1 per minute

BRINGING WELLNESS TO THE WORKPLACE

TREATMENTS	TIME	GUESTS	COST (pp)	EXTRA FEE
Acupuncture	60	1-3	\$140	\$20 Set Up
Shamanic Healing Massage	90	1	\$250	\$20 Set Up
Massage	60	2	\$135	\$20 Set Up
Chair Massage	60	5 guests / hr	\$115	\$20 Set Up

Charge for Driving for all services | Beyond 20 minutes- \$1 per minute